

ABSTRACT OF THE DISCLOSURE

Eyeglasses for enhancing visual contrast through the use of hetero-chromic filters are provided. One lens of the glasses is tinted pale green while the other lens is tinted to be a slightly darker yellow. The resulting pair of glasses, when worn, creates color-retinal rivalry between the two eyes to encourage better visual contrast and provide improved vision quality, especially at night. Such hetero-chromic filtration may also be effectively embodied within contact lenses, whether hard, gas-permeable or hydrophilic soft lenses, by incorporating an appropriate dye into each contact lens that is both benign and non-irritating to the eye tissues.